

# JP Drain Care Instructions

- Don't sleep on the same side as the tube.
- Secure the tube and bulb inside your clothing with a safety pin. This helps keep the tube from being pulled out.
- Empty your drain bulb at least twice a day. Empty it more often if the drain bulb is full. Wash and dry your hands before handling the bulb or the drain tube.
  - Lift the opening on the drain bulb.
  - Squeeze/pour out the fluid into a measuring cup.
  - Record the amount of fluid each time you empty the drain. Include the date and time it was emptied. Share this information with your provider on your next visit. Please record this in **MILLILITERS (mL)**.
  - Squeeze the bulb with your hands until you stop hearing air coming out of the bulb and the bulb is fully compressed.
  - Close the opening.
- “Stripping” the tube helps keep blood clots from blocking the tube. Please do this every time you empty the bulb.
  - Hold the tubing firmly where it leaves the skin, with one hand. This keeps it from pulling on the skin.
  - Pinch the tubing with the thumb and first finger of your other hand.
  - Slowly and firmly pull your thumb and first finger down the tubing. You may find it helpful to hold an alcohol swab between your fingers and the tube to lubricate the tubing.
  - If the pulling hurts or feels like the tube is coming out of the skin, stop. Begin again more gently.

